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Create Meals

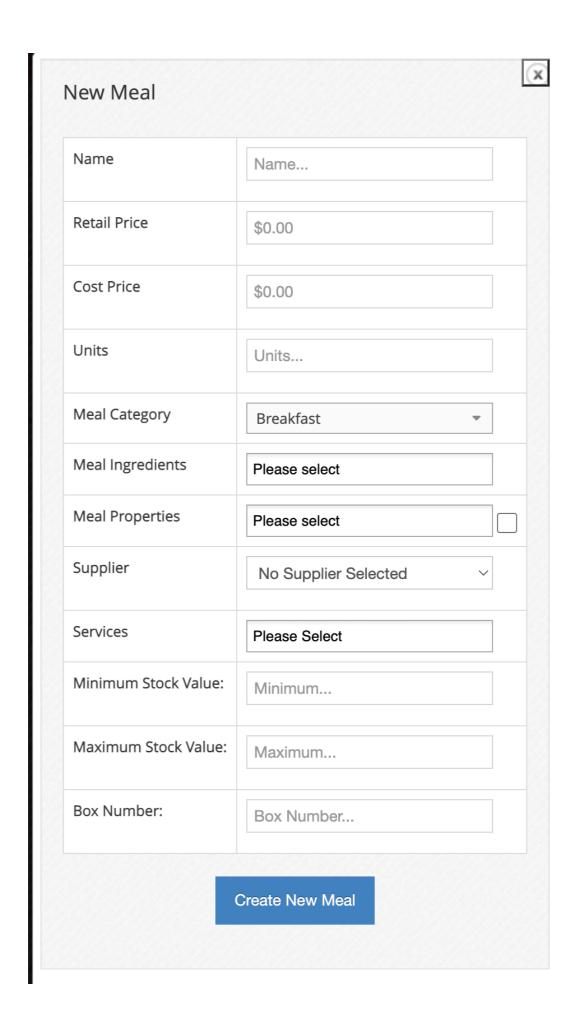
To **Create** a meal, first, navigate to the Meals and Services Page by selecting **Administration** from the menu and then selecting **Meals and Services**.



Scroll down to reach the **Meal Setup** heading. Then click the **New Meal** button on the left-hand side.



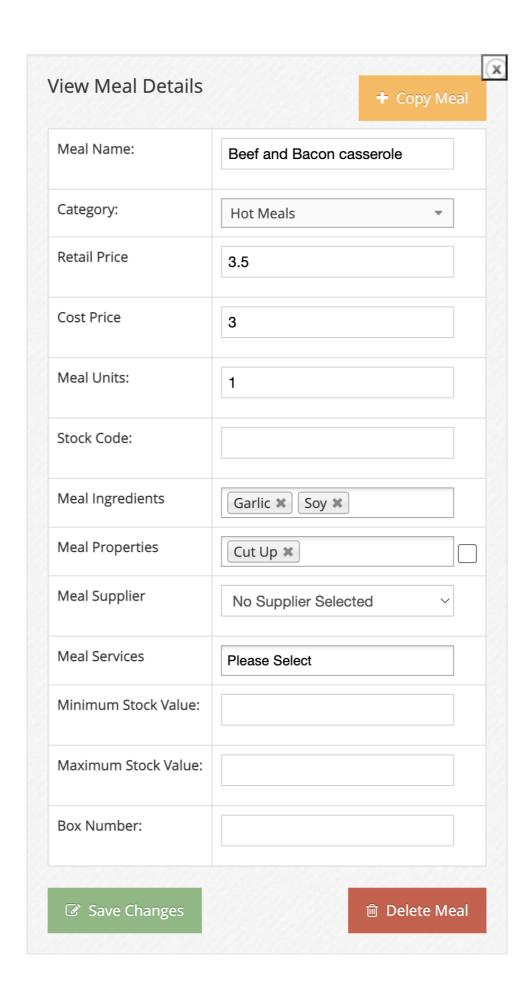
This will display the New Meal popup, where you can fill in information about the meal.



After you fill in all the information, click on "Create New Meal" to save it.

View and Update Meals

If you want to **Update** a meal, just click the blue **Information** button next to its name on the Meals and Services Page. On the View Meal Details popup, you can make changes to the meal information.

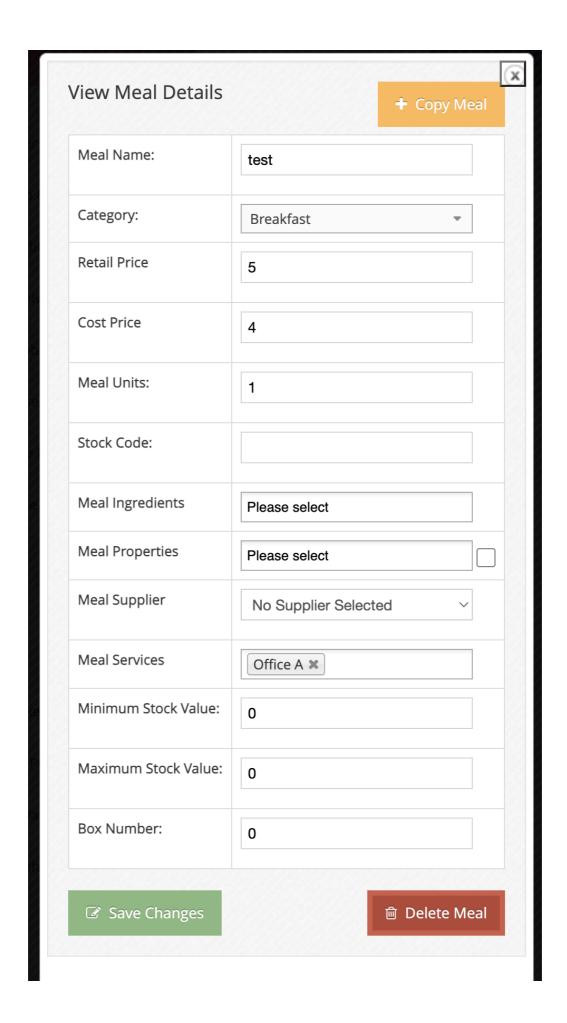


Once you're happy with the changes, click the **Save Changes** button.

Delete Meals

Unused Meals

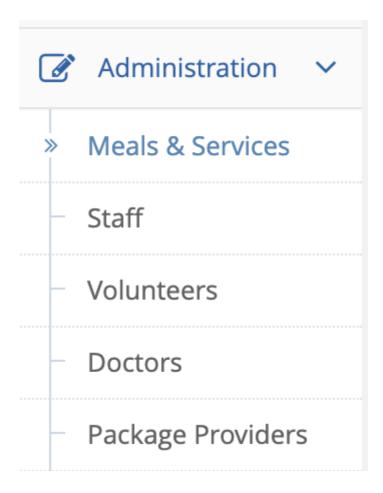
To **Delete** a meal from Polixen, it has to be an Unused Meal. This means it can't be part of a **Menu** and it can't be part of a client's **Meal Plan**. Polixen won't let you delete a meal that's **in use**. If you have an Unused Meal you'd like to delete, find it on the Meals and Services Page and click the blue **Information** button. On the View Meal Details Popup, scroll down to the bottom and click the **Delete Meal** button.



Meals that are in use

If you wish to remove a meal from a menu and the meal is connected to existing client meal plans, you will need to create a permanent menu change. To do that, follow the steps below:

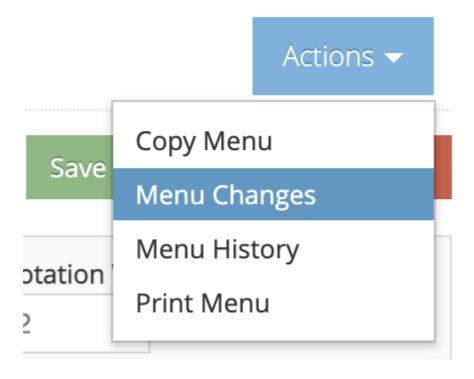
1. Click on Administration, then "Meals & Services"



2. Click on the "I" button next to the menu the meal belongs to



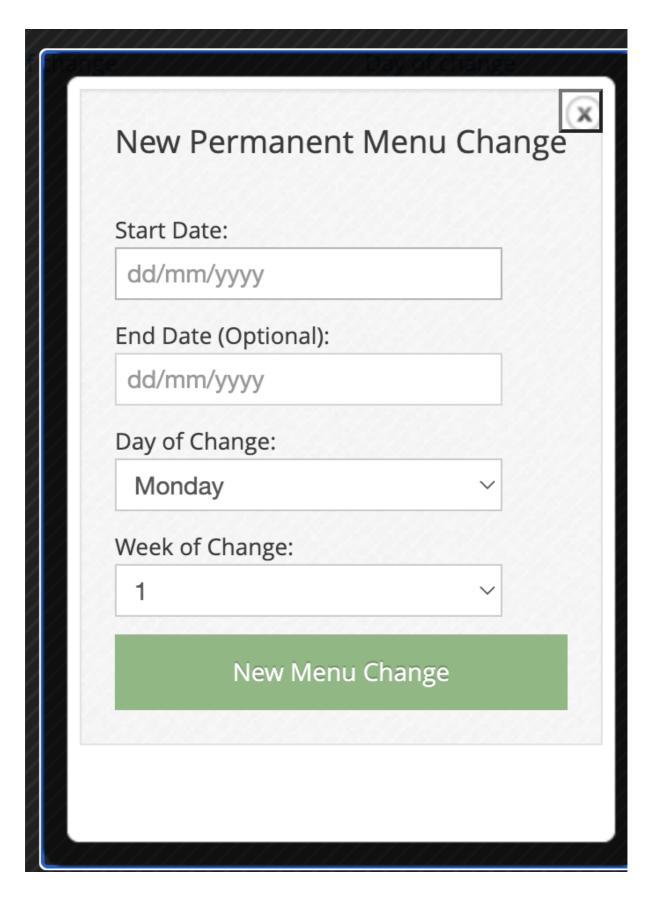
3. Click on Actions, then "Menu Changes"



4. Then click "New Permanent Menu Change" on the top right side

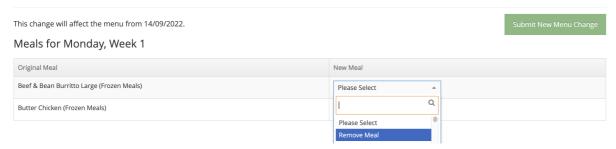


- 5. Select the Start Date you wish the meal to not appear on the menu from. If you select a date after the current day, the meal will still appear until that date
- 6. Select the week and day of the meal you wish to remove and leave the End Date empty
- 7. Click "New Menu Change"



From the menu change screen, find the meal you wish to change and select "Remove Meal".

Fresh Menu



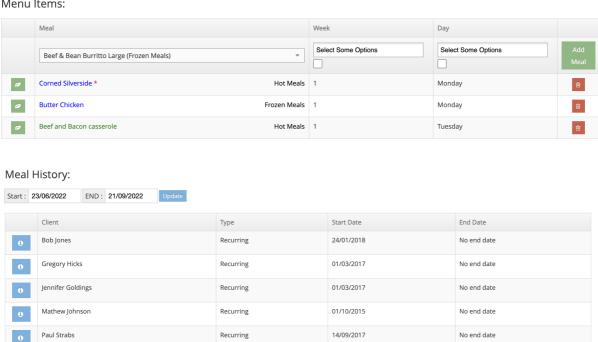
You may also do the same for other meals for this day and rotation week. When finished, click "Submit New Menu Change" on the top right side.

If you want to read more about Menu Changes, go to our Menu Admin documentation.

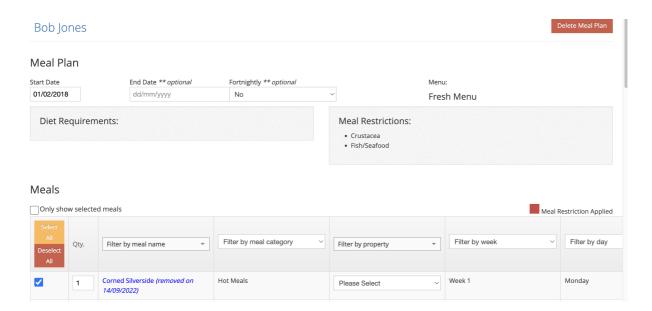
View Meal Histories

From the Menu Details Page, you can view the **History** of each meal. To do so, click the green **Leaf** icon next to a meal. This will take you to the Meal History Page for that meal. If a client has that meal in a recurring meal plan, or as a once-off meal, during the date range, it will be listed here.

Menu Items:



You can click the blue **Information** button next to the client to be taken to the relevant meal plan.



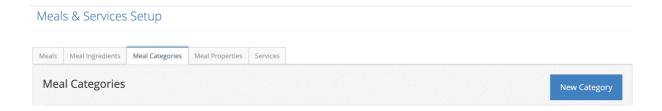
Here you can view the client's diet requirements and meal restrictions as well as view and make changes to the meals in their plan.

Once you've made the changes, click the "Save Changes" button on the top right side. You also have the option to copy the Meal Plan to a Client or opt to click on "Print Meal Plan" and download it in PDF or email it straight to the client.



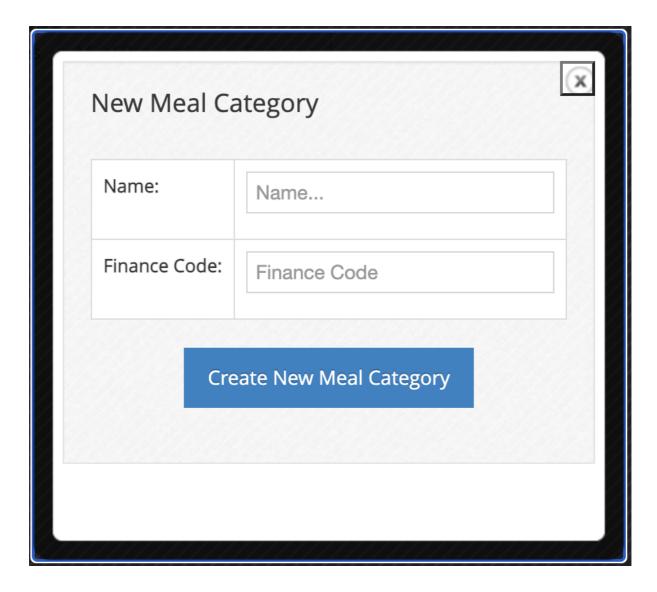
Meal Categories

To get to the Category page, navigate to the Meals and Services Page. Then click the **Meal Categories** tab. On this page, you can see a list of all meal categories created on your Polixen system. You can **Create** new categories, **View** and **Update** existing categories, and view the meals **assigned** to each category.



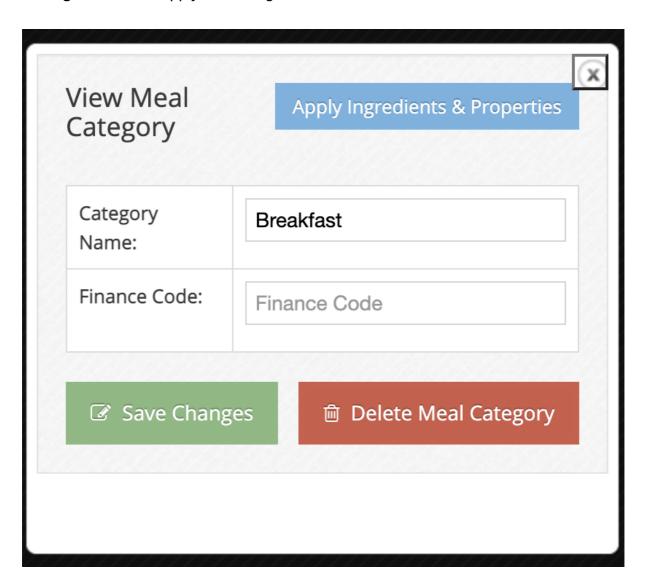
Create a Category

To **Create** a new category, click the **New Category** button. All a new category needs is a **name.** You can also add a **Finance Code** if you wish. Once you've filled that in, click the **Create New Meal Category** button to save it.



View and Update Categories

To **View** an existing category, click the blue **Information** button next to its name. On the View Meal Category popup, you can update the category's name. Click the **Save Changes** button to apply the change.

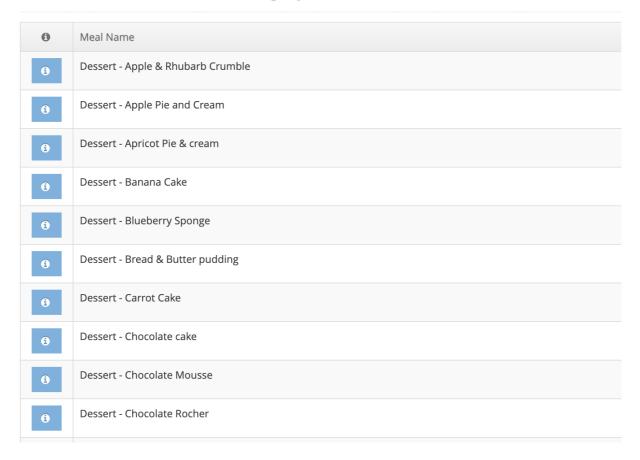


View Meals in a Category

To view all meals in a category, click the green **Meals** button next to a category name.

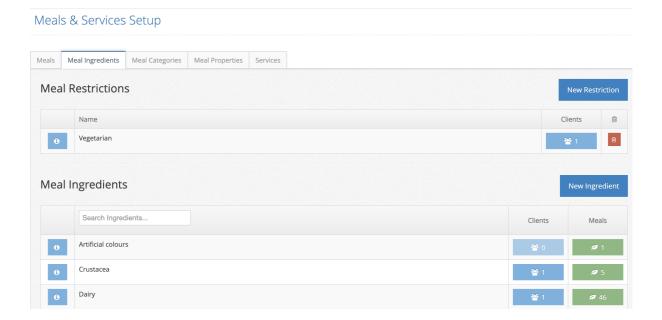
While viewing this list of meals, you can click the blue **Information** button next to a meal to view and update that meal.

Meals with the Desserts category



Meal Ingredients

To view the Ingredients and Restrictions created on Polixen, navigate to the Meals and Services page. Then click the **Meal Ingredients** tab. Here you'll see a list of Meal Restrictions, and then a list of Meal Ingredients.



Create a New Ingredient

To **Create** a new ingredient, scroll down to the Meal Ingredients list. Then click the **New Ingredient** button on the right-hand side.

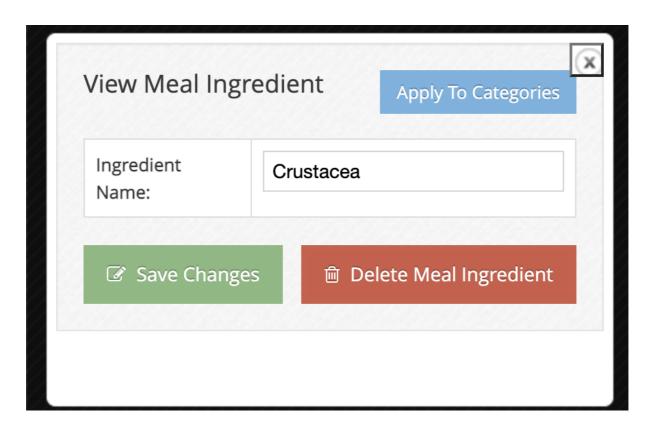


Enter a name for the ingredient, and then click the **Create New Meal Ingredient** button to complete the procedure.



View and Update Ingredients

To **View** an existing ingredient, click the blue **Information** button next to its name. You can update its information, and then click the **Save Changes** button.



View Meal and Clients with Ingredients

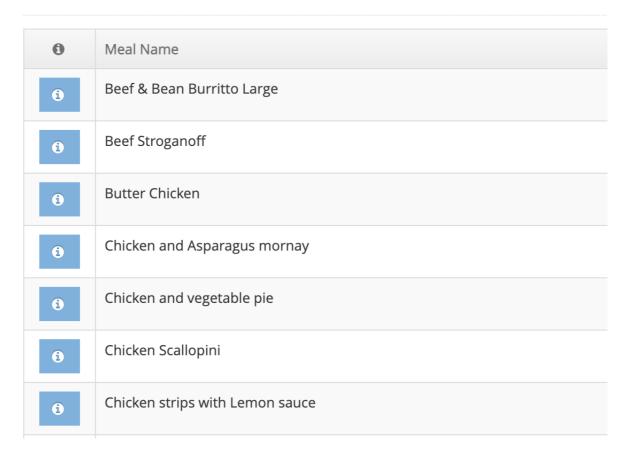
While viewing the list of Meal Ingredients, you can also see how many **clients** have an allergy to each ingredient, and how many **meals** have each ingredient.

To view the list of clients with a particular allergy, click the blue **Clients** button next to an ingredient. On this Clients page, you can click the blue **Information** button next to a client's name to get to their Client Page.



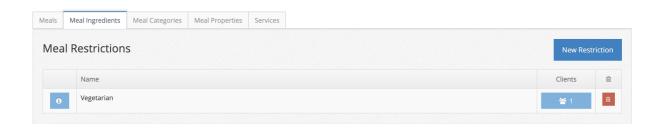
To view the list of meals with an ingredient, click the green **Meals** button next to an ingredient. On this Meals page, you can click the blue **Information** button next to a meal's name to view its Meal Details popup.

Meals with the Dairy ingredient



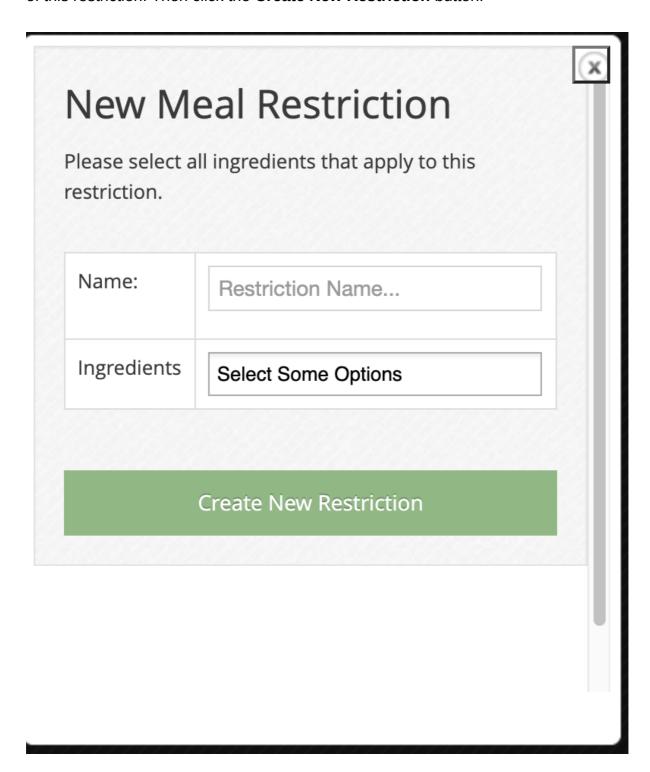
Meal Restrictions

A **Restriction** in Polixen refers to a group of ingredients. For this reason, restrictions are listed on the same page as the ingredients. To view your restrictions, navigate to the Meals and Services page and click the **Meal Ingredients** tab. The restrictions are listed above the ingredients.



Create a New Restriction

To **Create** a new restriction, click the **New Restriction** button on the right-hand side. On this popup, you'll need to enter a **Name**, as well as the **Ingredients** that are part of this restriction. Then click the **Create New Restriction** button.



View Clients with Restrictions

To view the list of clients who have a restriction, click the blue **Clients** button next to a restriction.

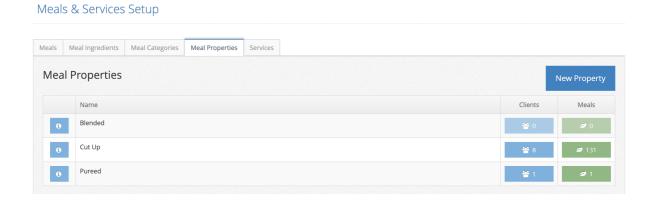


On this Clients page, you can click the blue **Information** button next to a client's name to get to their Client Page.



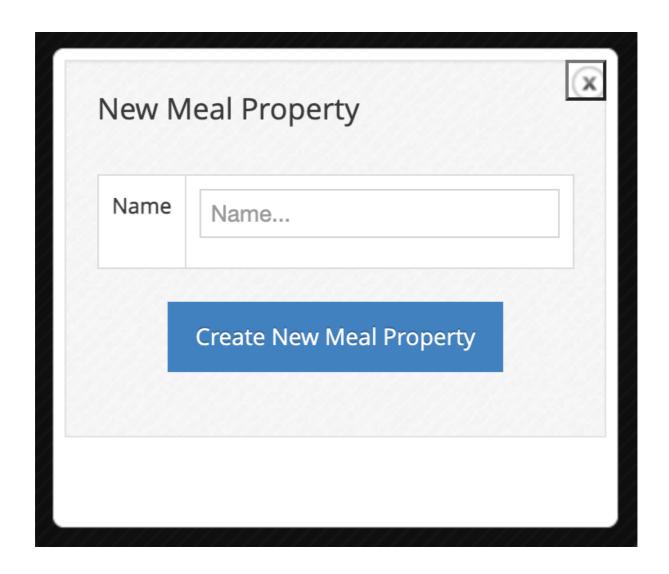
Meal Properties

To get to the Property page, navigate to the Meals and Services page. Then click the **Meal Properties** tab.



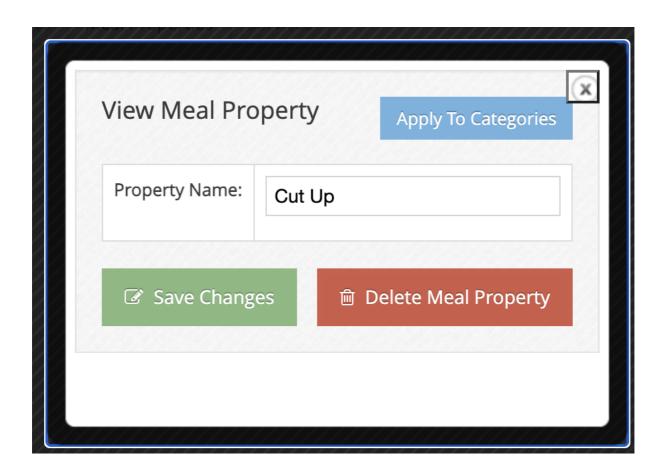
Create a New Property

To **Create** a new property, click the **New Property** button. Enter a name, then click the **Create New Meal Property** button to save it.



View and Update a Property

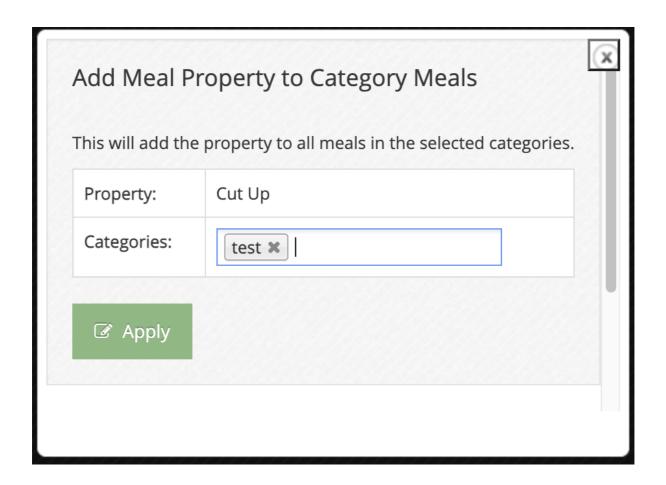
To **View** an existing property, click the blue **Information** button next to its name. After making any desired changes, click the **Save Changes** button.



Add Properties to Categories

Instead of adding a property to meals one by one, you can bulk-add it to all meals in a particular category. While viewing a property, click the **Apply to Category** button to see the Add Meal Property to Category Meals popup.

On this popup, select the category you're adding the property to, and click the **Apply** button.



View Meals and Clients with Properties

While viewing the list of Meal Properties, you can also see how many **clients** and **meals** have a property assigned to them.

To view the list of clients with a particular property assigned, click the blue **Clients** button next to a property. On this Clients page, you can click the blue **Information** button next to a client's name to get to their Client Page.

Clients with the Cut Up property



To view the list of meals with a property assigned to them, click the green **Meals** button next to a property. On this Meals page, you can click the blue **Information** button next to a meal's name to view its Meal Details popup.

Clients with the Cut Up property



Menu

To learn more about menus, visit our menu admin page.